

DR. MRS. TANU SINGHAL

Present address :

C/o,Mr Arun Singhal

Plot No.35 , Shankar Nagar-b,

Murlipura, Sikar Road, Jaipur.

Mb:9828140083,9828140082

Particulars:

Tanu Tiwari born on September 5 in 1983, Daughter of Mrs Manju Tiwari and Mr. S.N Tiwari who Worked as an engineer in BSNL Agra.

Educational qualifications:

- **Msc.(foods and nutrition) from International college for girls,jaipur.**
First class ,72%,May 2005.
First position in department of foods and nutrition in ICG.
- **B.Sc.(Home Science) from Home Science Institute, Bhim Rao Ambedkar University,Agra.**
First class 72%,Aug.2003.

Special qualification:

- **NET** (National eligibility test) Qualified 'Dec.2005'
- **Phd** (Foods and Nutrition) Award in 2013.

Professional Experience:

- Worked as a **Visiting Lecturer of Clinical nutrition and dietetics, International college for girls**,Session:2006-2008.
- Worked as a **Slimming Incharge** in **Body Care health care institute, Jaipur**
- Working as a **lecturer, Home science, foods and Nutrition** in **Shri Bhawani Niketan Girls College**, Sikar Road, Jaipur, since year 2009.
- 6 month experience as an Intern in **ALL INDIA INSTITUTE OF MEDICAL SCIENCES (AIIMS)** Delhi.
- Paper published in **INDIAN JOURNAL OF NUTRITION AND DIETETICS**.Issue march 2007.
- Paper published in **"Foods and Nutrition Journal"** IssueDec.2013.

Workshops/ Conferences Attended:

- Attended XXXVII Annual convention of Indian dietetic Association conducted by AIIMS.
Date: 8/10/2004 to 9/10/2004.
- Attended Workshop on methodologies for the assessment of Vitamin A deficiency, Iron deficiency Anemia and Iodine deficiency Disorders.
Date: 13/9/2004 to 15/9/2004.
- Attended Midterm conference of pediatric Gastroenterology.2009
- Attended Nutrimeet 2013.
- Attended National conference on food based strategies. 2014.

Hobbies:

- Teaching with my maximum efforts.
- Cooking according to the choice and requirement.
- Counsel the patients about the suitable Diet.
- Reading for being updated with the latest researches.

Motto:

- To share and increase the knowledge of my Domain.
- Impart knowledge to students by working in a reputed Institution.